



## *Seniors' Newsletter – April, 2008*

<u>DATE</u>	<u>TIME</u>	<u>EVENT</u>	<u>LOCATION</u>
Mondays	1:30	Bingo	Manor
Wed/Thurs	1:30	Card Games	Manor
Thurs	10:00	Mass	Manor
Mon/Tu/Th	10:30	Coffee with our Seniors	Manor
Mon/Wed/Fri	10:00	Exercises (exc Fri - 18 <sup>th</sup> )	Manor
Mon thru Sat	6:30	500 Card Game	Manor
Apr 1	9:30	Departure/Manor/Shopping	St. Vital
Apr 2	1-4:00	<b>Easy Living Shops Spring Clothing Sale</b>	<b>Manor</b>
April 8	1:30	<b>E.R.I.K. Presentation And Kit Update</b>	<b>Manor</b>
Apr 16	8:30	Shuffleboard Tournament	Club Jolys
Apr 21	9:00	Blood Pressure Clinic	Manor
Apr 22	1:30	<b>“Living It Up” Program Session 5 – “Let’s Get Physical”</b>	<b>Manor</b>
Apr 25	Noon	Lunch	Club Jolys
Apr 30	9:00	Departure/Manor/Casino \$10	Wpg

**Commentaries: YES, SPRING IS ON ITS WAY!! (sooner or later)!**  
**We learn wisdom from failure much more than success.**

**Suzanne Musick, Co-ordinator, Service to Seniors (433-3276)**